

# USEFUL SITES

- Human Rights Act - <https://www.legislation.gov.uk/ukpga/1998/42/contents>
- Appropriate use of psychotropic medicines in adult social care - <https://www.cqc.org.uk/guidance-providers/adult-social-care/appropriate-use-psychotropic-medicines-adult-social-care>
- Restraint Reduction Network - <https://restraintreductionnetwork.org/>